

**SOUTH DAKOTA BOARD OF REGENTS**

**Academic and Student Affairs**

**AGENDA ITEM: 4 – B (1)**

**DATE: March 30 – April 1, 2016**

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**SUBJECT: Program Modifications – NSU**

Northern State University has submitted the following program modification proposals. These requests have been reviewed by the system Vice President for Academic Affairs and the Executive Director recommends approval.

Existing Program: Substantive Program Modification

- Coaching Minor – *request to change the total credits required for the program*
- Health Education Minor – *request to change the total credits required for the program, program name, and deletion of some classes / adding other classes*
- Human Performances and Fitness – *request to change the total credits required for the program*
- Music Education Minor – *request to change the total credits required within the discipline, total credits of supportive coursework, total credits of elective coursework, and total credits required for the program*
- Physical Education Minor – *request to change the total credits required for the program, and deletion of some classes / adding other classes*

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**RECOMMENDED ACTION OF THE EXECUTIVE DIRECTOR**

I move to approve NSU's program modification requests for its Coaching Minor; Health Education Minor; Human Performances and Fitness; Music Education Minor; and Physical Education Minor programs.

**South Dakota Board of Regents**

**EXISTING PROGRAM: SUBSTANTIVE PROGRAM MODIFICATION**

This form is used to request substantive changes in already existing programs (majors, minors, specializations).

**1. INSTITUTION:** Northern State University

**2. CURRENT PROGRAM NAME:** Coaching Minor

**3. THIS PROPOSAL DEALS WITH A CHANGE IN:**

*Distribution of Credits*

<p>_____ total credits required within the discipline</p> <p>_____ total credits of supportive course work</p> <p>_____ total credits of elective course work</p> <p><u>  X  </u> total credits required for program</p>	<p>_____ Program name</p> <p>_____ Existing specialization</p> <p>_____ Addition of specialization</p> <p>_____ Other (explain)</p>
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**4. LEVEL:**

\_\_\_\_\_ Certificate

\_\_\_\_\_ Associate Degree

\_\_\_\_\_ Bachelor's Degree

\_\_\_\_\_ Master's Degree

\_\_\_\_\_ Doctoral Degree

**5. CATEGORY:**

  X   Minor

\_\_\_\_\_ Major

\_\_\_\_\_ Specialization

**6. EFFECTIVE DATE OF CHANGE:**     Fall 2016    

**7. IF A NAME CHANGE IS PROPOSED, THIS WILL OCCUR:**

\_\_\_\_\_ on the effective date for all students

\_\_\_\_\_ on the effective date for students new to the program  
(enrolled students will graduate from existing program)

**8. PRIMARY ASPECTS OF THE MODIFICATION:**

Existing Curriculum				Proposed Curriculum (Highlight Changes)			
Current Program Name: Coaching Minor				Proposed Program Name: Coaching Minor			
Pre	Num	Title	Cr Hrs	Pre	Num	Title	Cr Hrs
HL TH	251	First Aid and CPR	1	HLT H	251	First Aid and CPR	1
PE	352	Adapted Physical Education	2	PE	352	Adapted Physical Education	3
PE	354	Prevention and Care of Athletic Injuries	2	PE	354	Prevention and Care of Athletic Injuries	2
PE	354L	Prevention and Care of Athletic Injuries Lab	1	PE	354L	Prevention and Care of Athletic Injuries Lab	1
PE	355	Phil., Concepts, and Contemp. Issues in Coaching	3	PE	355	Phil., Concepts, and Contemp. Issues in Coaching	3
PE	379	Sports for Individuals with Disabilities	2				
PE	440	Org and Admin of HPER/A	3	PE	440	Org and Admin of HPER/A	3
PE	453	Sport Psychology	3	PE	453	Sport Psychology	3
PE	469, 470, 471, 473, 474, 475, 477	Coaching Baseball/Softball Coaching Basketball Coaching Football Coaching T/F, Cross Country Coaching Wrestling Coaching Volleyball Coaching Soccer	1 cr each choose 3	PE	469, 470, 471, 473, 474, 475, 477	Coaching Baseball/Softball Coaching Basketball Coaching Football Coaching T/F, Cross Country Coaching Wrestling Coaching Volleyball Coaching Soccer	1 cr each choose 3

**Total number of hours required for major, minor, or specialization** **20**


**Total number of hours required for degree**

**Total number of hours required for major, minor, or specialization** **19**

**Total number of hours required for degree**

**9. EXPLANATION OF THE CHANGE:**

PE 352 Adapted Physical Education may be offered for variable credit in the Regental System (2-3). We are proposing to offer the course for 3 credits. We further propose to delete PE 379 Sports for Individuals With Disabilities from the Coaching Minor; the course is not required for any other major nor minor at Northern State University, and it has appeared redundant with PE 352 in many topical areas within both courses. We will infuse non-redundant course content found within PE 379 into the 3.0 credit PE 352.

  
 Institutional Authorization (President or Designee)

11/17/2015  
 Date Submitted

**South Dakota Board of Regents**

**EXISTING PROGRAM: SUBSTANTIVE PROGRAM MODIFICATION**

This form is used to request substantive changes in already existing programs (majors, minors, specializations).

**1. INSTITUTION:** Northern State University

**2. CURRENT PROGRAM NAME:** Health Education Minor

**3. THIS PROPOSAL DEALS WITH A CHANGE IN:**

*Distribution of Credits*

_____ total credits required within the discipline	<u>  X  </u> Program name
_____ total credits of supportive course work	_____ Existing specialization
_____ total credits of elective course work	_____ Addition of specialization
_____ total credits required for program	Other (explain) Deletion of some classes, adding other classes
<u>  X  </u>	<u>  X  </u>

**4. LEVEL:**

\_\_\_\_\_ Certificate  
 \_\_\_\_\_ Associate Degree  
 \_\_\_\_\_ Bachelor's Degree  
 \_\_\_\_\_ Master's Degree  
 \_\_\_\_\_ Doctoral Degree

**5. CATEGORY:**

  X   Minor  
 \_\_\_\_\_ Major  
 \_\_\_\_\_ Specialization

**6. EFFECTIVE DATE OF CHANGE:**   Fall, 2016  

**7. IF A NAME CHANGE IS PROPOSED, THIS WILL OCCUR:**

\_\_\_\_\_ on the effective date for all students  
  X   on the effective date for students new to the program  
 (enrolled students will graduate from existing program)

**8. PRIMARY ASPECTS OF THE MODIFICATION:**

Existing Curriculum				Proposed Curriculum (Highlight Changes)			
Current Program Name: Health Education				Proposed Program Name: <b>Health</b>			
Pre	Num	Title	Cr Hrs	Pre	Num	Title	Cr Hrs
HLTH	103	Personal Health	2	HLTH	103	Personal Health	2
HLTH	251	First Aid and CPR	1	HLTH	251	First Aid and CPR	1
HLTH	320	Community Health	2	HLTH	320	Community Health	2
<b>HLTH</b>	<b>361</b>	<b>School Health and Safety Education</b>	<b>2</b>	<b>HLTH</b>	<b>240</b>	<b>Health &amp; Fitness for Older Adults</b>	<b>3</b>
<b>HLTH</b>	<b>400</b>	<b>Elements of Health</b>	<b>2</b>			<b>OR</b>	
<b>HLTH</b>	<b>420</b>	<b>K-12 Methods of Health Instruction</b>	<b>3</b>	<b>HLTH</b>	<b>321</b>	<b>K-8 Methods of Health</b>	<b>2</b>
PE	250/250L	Human Anatomy and Physiology/Lab	4	PE	250/250L	Human Anatomy and Physiology/Lab	4
PE	350	Exercise Physiology	3	PE	350	Exercise Physiology	3
				<b>HLTH</b>	<b>422</b>	<b>Nutrition</b>	<b>3</b>

**Total number of hours required for major, minor, or specialization** **19**

**Total number of hours required for degree**

**Total number of hours required for major, minor, or specialization** **17-18**

**Total number of hours required for degree**

**9. EXPLANATION OF THE CHANGE:**

The purpose of these changes is to make this minor attractive and useful to both education and non-education majors. If a student is interested in teaching health in a K-12 setting, they would take HLTH 321; if they do not plan to teach health, they would take HLTH 240 instead. In addition, all other SD BOR institutions of higher education require a nutrition course within their health minors, and we feel that HLTH 422 will enhance our program similarly. The revised course content in the Health Minor will also prepare students to take the Praxis Comprehensive School Health Education exam (0550).

In addition, HLTH 361 School Health and Safety Education, HLTH 400 Elements of Health, and HLTH 420 K-12 Methods of Health Instruction have not been offered for many semesters, which has made it necessary to make substitutions for each course.

*Alan D. JaFave*  
 Institutional Authorization (President or Designee)

11/17/2015  
 Date Submitted

**South Dakota Board of Regents**

**EXISTING PROGRAM: SUBSTANTIVE PROGRAM MODIFICATION**

This form is used to request substantive changes in already existing programs (majors, minors, specializations).

**1. INSTITUTION:** Northern State University

**2. CURRENT PROGRAM NAME:** Human Performance and Fitness

**3. THIS PROPOSAL DEALS WITH A CHANGE IN:**

*Distribution of Credits*

_____ total credits required within the discipline	_____ Program name
_____ total credits of supportive course work	_____ Existing specialization
_____ total credits of elective course work	_____ Addition of specialization
<u>  X  </u> total credits required for program	_____ Other (explain)

**4. LEVEL:**

\_\_\_\_\_ Certificate  
 \_\_\_\_\_ Associate Degree  
  X   Bachelor's Degree  
 \_\_\_\_\_ Master's Degree  
 \_\_\_\_\_ Doctoral Degree

**5. CATEGORY:**

\_\_\_\_\_ Minor  
  X   Major  
 \_\_\_\_\_ Specialization

**6. EFFECTIVE DATE OF CHANGE:**     Fall 2016    

**7. IF A NAME CHANGE IS PROPOSED, THIS WILL OCCUR:**

\_\_\_\_\_ on the effective date for all students

\_\_\_\_\_ on the effective date for students new to the program  
 (enrolled students will graduate from existing program)

**8. PRIMARY ASPECTS OF THE MODIFICATION:**

Existing Curriculum				Proposed Curriculum (Highlight Changes)			
Current Program Name: Human Performance Fitness				Proposed Program Name:			
Pref	Num	Title	Cr Hrs	Pref	Num	Title	Cr Hrs
HLTH	251	First Aid and CPR	1	HLTH	251	First Aid and CPR	1
HLTH	320	Community Health	2	HLTH	320	Community Health	2
PE	180	Intro to HPER	2	PE	180	Intro to HPER	2
PE	200	Pro Prep: Fitness	1	PE	200	Pro Prep: Fitness	1
PE	202	Pro Prep: Ind and Dual Activities	2	PE	202	Pro Prep: Ind and Dual Activities	2
PE	203	Pro Prep: Team Activities	1	PE	203	Pro Prep: Team Activities	1
PE	208	Pro Prep: Camp Activities	1	PE	208	Pro Prep: Camp Activities	1
PE	250	Human Anatomy and Physio	3	PE	250	Human Anatomy and Physio	3
PE	250L	Human Anatomy and Physio Lab	1	PE	250L	Human Anatomy and Physio Lab	1
PE	334	Behav and Soc Sci Issues in PE	2	PE	334	Behav and Soc Sci Issues in PE	2
PE	350	Exercise Physiology	3	PE	350	Exercise Physiology	3
PE	352	Adapted PE	2	PE	352	Adapted PE	3
PE	354	Prevention and Care of Athlete Injuries	3	PE	354	Prevention and Care of Athlete Injuries	3
PE	400	Exercise Test and Prescription	3	PE	400	Exercise Test and Prescription	3
PE	440	Org and Admin of HPE & Athletics	3	PE	440	Org and Admin of HPE & Athletics	3
PE	451	Tests and Measurements	2	PE	451	Tests and Measurements	2
PE	452	Motor Learning and Develop	3	PE	452	Motor Learning and Develop	3
PE	454	Biomechanics	3	PE	454	Biomechanics	3
PE	457	Exercise Psychology	3	PE	457	Exercise Psychology	3

**Total number of hours required for major, minor, or specialization**

**41**

**Total number of hours required for degree**

**120**

**Total number of hours required for major, minor, or specialization**

**42**

**Total number of hours required for degree**

**120**

**9. EXPLANATION OF THE CHANGE:**

PE 352 Adapted Physical Education may be offered for variable credit in the Regental System (2-3). We are proposing to offer the course for 3 credits. Content and processes from a recently deleted course (PE 379 Sports for Individuals with Disabilities) that are appropriate to the Human Performance and Fitness major will be infused within PE 352. (The 1 credit increase in credit for the course was recently approved by AAC for the Coaching Minor at NSU.)

*Alan D. JaFave*

Institutional Authorization (President or Designee)

12/15/15

Date Submitted

**South Dakota Board of Regents**

**EXISTING PROGRAM: SUBSTANTIVE PROGRAM MODIFICATION**

This form is used to request substantive changes in already existing programs (majors, minors, specializations).

**1. INSTITUTION:** Northern State University

**2. CURRENT PROGRAM NAME:** Music Education Minor

**3. THIS PROPOSAL DEALS WITH A CHANGE IN:**

*Distribution of Credits*

<input checked="" type="checkbox"/> total credits required within the discipline	_____ Program name
<input checked="" type="checkbox"/> total credits of supportive course work	_____ Existing specialization
<input checked="" type="checkbox"/> total credits of elective course work	_____ Addition of specialization
<input checked="" type="checkbox"/> total credits required for program	_____ Other (explain)

**4. LEVEL:**

\_\_\_\_\_ Certificate  
 \_\_\_\_\_ Associate Degree  
 Bachelor's Degree  
 \_\_\_\_\_ Master's Degree  
 \_\_\_\_\_ Doctoral Degree

**5. CATEGORY:**

Minor  
 \_\_\_\_\_ Major  
 \_\_\_\_\_ Specialization

**6. EFFECTIVE DATE OF CHANGE:** Fall, 2016

**7. IF A NAME CHANGE IS PROPOSED, THIS WILL OCCUR:**

\_\_\_\_\_ on the effective date for all students  
 \_\_\_\_\_ on the effective date for students new to the program  
 (enrolled students will graduate from existing program)



**8. PRIMARY ASPECTS OF THE MODIFICATION:**

Existing Curriculum				Proposed Curriculum (Highlight Changes)			
Existing Curriculum				Proposed Curriculum (Highlight Changes)			
Pref	Num	Title	Cr Hrs	Pref	Num	Title	Cr Hrs
MUAP	100	Applied Music Voice	1-4	MUAP	100, 101, 200, 201, 300, 301, 400, 401	Applied Music Voice	2
MUAP	101		1-4				
MUAP	300		1-4				
MUAP	301		1-4				
MUAP	110	Applied Music Keyboard	1-4	MUAP	110, 111, 210, 211, 310, 311, 410, 411	Applied Music Keyboard	2
MUAP	111		1-4				
MUAP	310		1-4				
MUAP	311		1-4				
MUEN		Music Ensembles	2	MUEN		Music Ensembles	2
MUS	100	Music Appreciation	3	MUS	100	Music Appreciation	3
MUS	351/ 353	Elementary School Music Methods*	2	MUS	110	Basic Music Theory I****	4
MUS	354	Listening Lessons for Children	2	MUS	360	Basic Conducting***	2
MUS	395	Practicum	1-5	MUS	395	Practicum in Elementary Music	1
MUS	450	Advanced Music Methods in the Elementary School	2	MUS	450	Advanced Music Methods in the Elementary School	2
EPSY	428	Child and Adolescent Development**	2				
MUS	361	Instrumental Conducting, Methods and Literature***	2				
MUS	362	Choral Conducting Methods and Literature***	2				

Total number of hours required **21**Total number of hours required **18****9. EXPLANATION OF THE CHANGE:**

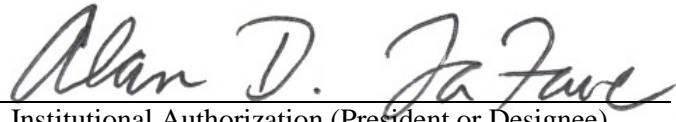
- The changes made will allow the music education minor to keep pace with current requirements and course offerings in the Department of Music.

\*Because MUS 353 is already in the Elementary Education requirements MUS 351 would be a redundancy.

\*\*Because EPSY 428 is already in the Elementary Education program requirements, this is a redundancy.

\*\*\*The new MUS 360 is a new basic conducting class that will provide the necessary conducting information needed.

\*\*\*\*There should be a basic music theory component to this degree



Institutional Authorization (President or Designee)

11/17/15

Date Submitted

**South Dakota Board of Regents**

**EXISTING PROGRAM: SUBSTANTIVE PROGRAM MODIFICATION**

This form is used to request substantive changes in already existing programs (majors, minors, specializations).

**1. INSTITUTION:** Northern State University

**2. CURRENT PROGRAM NAME:** Physical Education Minor

**3. THIS PROPOSAL DEALS WITH A CHANGE IN:**

*Distribution of Credits*

<p>_____ total credits required within the discipline</p> <p>_____ total credits of supportive course work</p> <p>_____ total credits of elective course work</p> <p>_____ total credits required for program</p> <p><u>  X  </u></p>	<p>_____ Program name</p> <p>_____ Existing specialization</p> <p>_____ Addition of specialization</p> <p>Other (explain) Deletion of some classes, adding other classes</p> <p><u>  X  </u></p>
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**4. LEVEL:**

\_\_\_\_\_ Certificate

\_\_\_\_\_ Associate Degree

\_\_\_\_\_ Bachelor's Degree

\_\_\_\_\_ Master's Degree

\_\_\_\_\_ Doctoral Degree

**5. CATEGORY:**

  X   Minor

\_\_\_\_\_ Major

\_\_\_\_\_ Specialization

**6. EFFECTIVE DATE OF CHANGE:**     Fall, 2016    

**7. IF A NAME CHANGE IS PROPOSED, THIS WILL OCCUR:**

\_\_\_\_\_ on the effective date for all students

\_\_\_\_\_ on the effective date for students new to the program  
(enrolled students will graduate from existing program)

**8. PRIMARY ASPECTS OF THE MODIFICATION:**

Existing Curriculum				Proposed Curriculum (Highlight Changes)			
Current Program Name: Physical Education Minor				Proposed Program Name:			
Pre	Num	Title	Cr Hrs	Pre	Num	Title	Cr Hrs
PE	201	ProPrep-Gymnastics	1				
PE	202	ProPrep-Ind/Dual Act	2	PE	202	ProPrep-Ind/Dual Act	2
PE	203	ProPrep-Team Act	1	PE	203	ProPrep-Team Act	1
PE	204	Rhythm and Dance	1				
PE	208	ProPrep-Camp Act	1				
PE	250/250L	Human Anatomy and Physiology/Lab	4	PE	250/250L	Human Anatomy and Physiology/Lab	4
PE	350	Exercise Physiology	3	PE	350	Exercise Physiology	3
PE	352	Adapted Phys Educ	2	PE	352	Adapted Phys Educ	3
PE	440	Org/Admin of HPER	3	PE	440	Org/Admin of HPER	3
PE	451	Tests and Measurements	2				
PE	452	Motor Learning and Development	3	PE	360	K-8 Physical Education Methods	2
PE	480	7-12 Methods of Teaching PE	2	PE	480	7-12 Methods of Teaching PE	2

**Total number of hours required for major, minor, or specialization**

26

**Total number of hours required for degree**

**Total number of hours required for major, minor, or specialization**

20

**Total number of hours required for degree**

**9. EXPLANATION OF THE CHANGE:**

One purpose of these changes is due to PE 201 Pro Prep-Gymnastics and PE 204 Pro Prep-Rhythm and Dance not being offered any longer. It has been some time since the courses were last offered—due to both staffing issues and in order to maintain 120 credit hour graduation—and, subsequently, many course substitutions have had to be made in order for individuals to obtain the Physical Education minor. PE 208 Pro Prep-Camping is deemed non-essential to the Physical Education minor by department faculty and will be deleted (it is also in the process of being deleted from the Human Performance and Fitness major [the only other area where it is required]). Components within PE 451 Tests and Measurements are addressed within PE 352 Adapted Physical Education, PE 360 K-8 Physical Education Methods, and PE 480 7-12 Methods of Teaching PE. Components appropriate to the minor within PE 452 Motor Learning and Development will be included within PE 250/250L Human Anatomy and Physiology, and PE 350 Exercise Physiology. PE 352 is a variable credit course within the regental system and NSU will begin offering the course for 3.0 credits in Fall, 2016. The addition of PE 360 K-8 Physical Education Methods ensures that an individual, e.g., with a BSEd in History (7-12) cannot teach PE within an elementary setting without a methods course in elementary PE. Department personnel have determined that the deletion of the courses noted above will not affect the Physical Education minor in any negative nor substantial way, and that twenty (20) credit hours are adequate for the minor.



Institutional Authorization (President or Designee)

12/15/15

Date Submitted