



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

Institutional Substantive Program Modification Requests

Institution: Dakota State University **Date:** 5-4-2023

Institutional representatives should provide direct links to PDF documents for each of the program modification requests represented below. All requests should be posted on the campus Curriculum and Instruction website one week prior to the Academic Affairs Council meeting where the program modification request is being considered.

Program Title (Substantive Changes Not Requiring Board Approval)	Approval
BS Exercise Science	PC

Program modifications referenced above for approval have been reviewed by the Academic Affairs Council and the System Vice President for Academic Affairs and may be advanced forward for entry in the student information system. For those program modifications listed above that did not receive approval, additional clarification or justification will be necessary and should be re-routed through the review process on a separate “Institutional Substantive Program Modification Requests” form once all issues have been resolved.

Pamela Canivean

Signature: System Vice President for Academic Affairs

5/26/2023

Date



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

Substantive Program Modification Form

Use this form to request minor changes in existing programs (majors, minors, certificates, or specializations).

UNIVERSITY:	DSU
CURRENT PROGRAM DEGREE:	Bachelor of Science
CURRENT PROGRAM MAJOR/MINOR:	Exercise Science
CURRENT SPECIALIZATION (If applicable):	
CIP CODE:	31.0505
UNIVERSITY DEPARTMENT:	College of Education
BANNER DEPARTMENT CODE:	DED 8E
UNIVERSITY COLLEGE:	Health and Physical Education
BANNER COLLEGE CODE:	DHPE

University Approval

To the Board of Regents and the Executive Director: I certify that I have read this proposal, that I believe it to be accurate, and that it has been evaluated and approved as provided by university policy.

Vice President of Academic Affairs or President of the
University

4/14/2023

Date

1. This modification addresses a change in (place an "X" in the appropriate box):

- | | |
|--|--|
| <input checked="" type="checkbox"/> Total credits required within the discipline | <input type="checkbox"/> Total credits of supportive course work |
| <input checked="" type="checkbox"/> Total credits of elective course work | <input type="checkbox"/> Total credits required for program |
| <input type="checkbox"/> Program name | <input type="checkbox"/> Existing specialization |
| <input type="checkbox"/> CIP Code | <input type="checkbox"/> Other (explain below) |

2. Effective date of change: 8/1/2023

3. Program Degree Level (place an “X” in the appropriate box):

Associate Bachelor’s Master’s Doctoral

4. Category (place an “X” in the appropriate box):

Certificate Specialization Minor Major

5. If a name change is proposed, the change will occur (place an “X” in the appropriate box):

- On the effective date for all students
- On the effective date for students new to the program (enrolled students will graduate from existing program)

Proposed new name: _____

Reminder: Name changes may require updating related articulation agreements, site approvals, etc.

6. Primary Aspects of the Modification (add lines or adjust cell size as needed):

<i>Existing Curriculum</i>				<i>Proposed Curriculum (highlight changes)</i>			
Pref.	Num.	Title	Cr. Hrs.	Pref.	Num.	Title	Cr. Hrs.
General Education			30	General Education			30
Required Courses			65-66	Required Courses			67
BIOL	221	Human Anatomy/Lab	4	BIOL	221	Human Anatomy/Lab	4
BIOL	325	Physiology/Lab	4	BIOL	325	Physiology/Lab	4
CIS OR CIS Or CSC	123 113 150	Problem Solving & Prog Visual Basic Prog Computer Science I	3	CIS OR CIS Or CSC	123 113 150	Problem Solving & Prog Visual Basic Prog Computer Science I	3
CSC	105	Intro to Computers	3	CSC	105	Intro to Computers	3
EXS	145	Intro to Exercise Science	1				
EXS	180	Foundations of HPER	2	EXS	180	Foundations of HPER	3
EXS	295	Practicum	1				
EXS	300	Intro to Research	3	EXS	300	Intro to Research	3
EXS	335	Admin of Exercise Science	3	EXS	335	Admin of Exercise Science	3
EXS	350	Exercise Physiology/Lab	4	EXS	350	Exercise Physiology/Lab	4
EXS	353	Kinesiology	3	EXS	353	Kinesiology	3
EXS	376	Technology Integration	3	EXS	376	Technology Integration	3
EXS	395	Practicum	1	EXS	395	Practicum	3
EXS	400	Exercise Test & Prescript	3	EXS	400	Exercise Test & Prescript	3
EXS	401	Clinical Exercise Physiology	3	EXS	401	Clinical Exercise Physiology	3
EXS	452	Motor Learning & Dev.	3	EXS	452	Motor Learning & Dev.	3
EXS	454	Biomechanics	3	EXS	454	Biomechanics	3
EXS	482	Theory of Strength & Cond.	3	EXS	482	Theory of Strength & Cond.	3
EXS	490	Seminar	1-2	EXS	490	Seminar	1
EXS	494	Internship	2	EXS	494	Internship	2
HLTH	100	Wellness for Life	1	HLTH	100	Wellness for Life	1

HLTH	370	Stress Management	3	HLTH	370	Stress Management	3
HLTH	422	Nutrition	3	HLTH	422	Nutrition	3
PE	100	Activity	1	PE	100	Activity	1
PE	207	Strength Training	1	PE	207	Strength Training	1
PE	354	Prevention & Care	3	PE	354	Prevention & Care	3
Electives			24-25	Electives			23
Total Hours Required			120	Total Hours Required			120

7. Explanation of the Change:

The purpose of this proposal is to reduce the number of 1 and 2 credit courses that are currently being offered to make the degree requirements more concise for students. This proposal does not change the number of credit hours in the major, nor does it make any changes to the common courses that are offered. EXS 145 Introduction to Exercise Science will be increased to 3 credits and incorporate content from EXS 180.

We believe that increasing the credit offering for EXS 395 (from 2 CR to 3 CR) while eliminating the requirement to take EXS 295 will improve the experience for students and instructors alike. The current topics taught in both EXS 295 and EXS 395 are complementary and would allow students to explore Exercise Science career areas and apply topics they have learned in their Exercise Science courses to case studies and real-life examples, preparing them for the hands-on skills needed in whichever career path they pursue after graduation