



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

**Institutional Program Review
Report to the Board of Regents**

Use this form to submit a program review report to the system Chief Academic Officer. Complete this form for all units/programs undergoing an accreditation review, nationally recognized review process, or institutional program review. The report is due 30 days following receipt of the external and internal review reports.

UNIVERSITY:	DSU
DEPARTMENT OR SCHOOL:	College of Education
PROGRAM REVIEWED:	B.S. Exercise Science
DATE OF REVIEW:	4/19/2018
TYPE OF REVIEW:	Institutional Program Review

University Approval

To the Board of Regents and the Executive Director: I certify that I have read this report, that I believe it to be accurate, and that it has been evaluated and approved as provided by university policy.

President of the University

8/1/2018

Date

1. Identify the program reviewers and any external accrediting body:

Jim White, Ph.D., C.S.C.S., ACSM-CCEP
Professor & Chair, Department of Human Performance, Sport and Health
Bemidji State University
Bemidji, MN

2. Items A & B should address the following issues: mission centrality, program quality, cost, program productivity, plans for the future, and assessment of progress.

2(A). Describe the strengths and weaknesses identified by the reviewers

Strengths

- a. Faculty meet one-on-one to advise Exercise Science majors.
- b. Dedicated core faculty who are student centric and determined to see their students succeed.
- c. Administration seem to support Exercise Science program.
- d. Faculty stay up to date professionally by attending regional and national conferences.
- e. Faculty have, or are pursuing, terminal degrees in appropriate fields.
- f. Students are very goal oriented and dedicated; academic success is a priority to them.
- g. Students have diverse career interests.

- h. Students feel faculty are concerned with their success.
- i. Small class-size that affords one-on-one time with faculty.
- j. Students have hands-on experiences.
- k. The major has NSCA endorsed curriculum.
- l. The number of graduates has increased.

Challenges

- m. Recently unsuccessful in an attempt to create and offer a minor.
- n. Lack of statistics or a medical terminology course.
- o. Courses are 'uniform' across SD system – limits flexibility.
- p. Limited interaction/synergism with DSU athletics.
- q. Lack of access to IPADS student projects in exercise science.
- r. Rotation of classes/sequencing.
- s. No tutors available for exercise science majors.
- t. Lack of ability to take exit exam earlier.
- u. Limited amount of nutrition content.
- v. Need for additional fitness assessment equipment to lab.
- w. Total numbers have decreased since last review.
- x. General Studies should not be a first-choice major.

2(B). Briefly summarize the review recommendations

- a. Add a minor to attract students in other majors to Exercise Science.
- b. Create a more direct student recruitment interface with potential/current student athletes.
- c. Develop articulation agreements/2+2 Pathways with community colleges in the region.
- d. Grow student engagement, satisfaction, and foster the sense of an authentic learning experience.
- e. Maintain NSCA endorsed curriculum.
- f. Engage local/regional stakeholders and graduates.

2(C). Indicate the present and continuous actions to be taken by the college or department to address the issues raised by the review. What outcomes are anticipated as a result of these actions?

- a. Continued development and refinement of a proposed minor in strength and conditioning.
- b. Develop student tutors to work with students in areas such as exercise physiology, human anatomy, and other courses deemed appropriate by the academic advisors and faculty, with student input.
- c. Focused recruiting in conjunction with athletic recruiting. Continue to take advantage of opportunities to go to area high schools and college fairs. Meet with potential students and parents with a unified, positive message about the program and the opportunities for a variety of jobs.
- d. Encourage faculty to attend workshops provided by the Center for Teaching and Learning to increase skills in student engagement and hands-on activities.
- e. Maintain NSCA endorsed curriculum through focused review and research of current practices and content.

- f. Support the growth of the Exercise Science Club through targeted programs, opportunities to attend workshops and conferences, and social activities.
 - g. Establish a vibrant, engaged advisory committee.
 - h. Track graduates and engage same to share news of the program, and training and continuing education opportunities.
- 3. Starting in Fall 2019 reporting year, campuses will identify the undergraduate cross-curricular skill requirements as part of programmatic student learning outcomes and identify assessment methods for cross-curricular skill requirements as outlined in Board Policy 2:11. Program review completed prior to Fall 2019 need not include cross curricular skills.**