Concepts addressed in this course: *Providing positive guidance techniques*

Direct guidance

Developing appropriate limits
- Health and safety rules
- Appropriate limits ensure safety
- Encourage healthy self-control
- Good limits help children develop a firm set of values for respecting other individuals

State limits effectively

Teach and model appropriate behavior

Support children to use more appropriate behavior

Change something about a situation

Ignore behavior when appropriate

Redirect child’s behavior

Listen actively

Deliver I-messages

Use natural and logical consequences

Teach conflict resolution and problem-solving

Withdraw from situations (not time-out)

Use age appropriate expectations and state them effectively

Look at individual differences

Get to the child’s level

Look at independent functioning

Do not compare behaviors

Use a clear, direct communication style

Give reasons for rules and limits

Use positive reinforcement

Be consistent

Use positive statements

Use appropriate communication skills with children
- Ex. Responsive vs. Restrictive Language

Responsive Language—language that conveys a positive regard for children and a respect for and acceptance of their individual ideas and feelings
- Ex. We need to use our inside voices.

Restrictive Language—language that conveys teacher control by using power assertion methods, threats, commands, and criticisms
- Ex. Be quiet!

Ignoring behavior (extinction) involves withdrawing reinforcement for a specific behavior so that the child will not repeat the behavior again

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Some behaviors should not be ignored
  – If it endangers other children or the child
  – If it destroys or damages property
  – If the child treats someone rudely or intrusively
Divert/distract the child’s misbehavior
  – Warn and redirect
  – Remove child
  – Discuss feelings and rules
  – Wait for child to decide
  – Evaluate and assess with the child afterwards
Techniques to avoid at all times
Physical punishment of any kind
  – Ex. Spanking, pinching, etc.
Demanding children
  – Ex. “Say you’re sorry!”
Saying “no” without giving a reason
  – Ex. “Don’t do that!”
Stating things in negative ways
  – Ex. “You don’t know how to color right