South Dakota State University

ECE 220 – Health, Safety, and Nutrition for Young Children

Concepts addressed:
Emphasis on health, safety, and nutrition in the curriculum

Students should refer to: “Health, Safety, and Nutrition for the Young Child” by Marotz (6th Ed) Chapter 12

Specifically, students should review:
Curriculum
Include info and activities for:
– Children
– Staff
– Parents
– Address same topic with all groups at the same time

For Children
* Practice routines every day
* Teachable moments
* Concrete
* Geared toward children’s skills and interests
* Fit into rest of children’s learning & understanding
* Presented in different ways
* Tied into all areas of curriculum
* Strengthened through practice

Curriculum Design Considerations
* Developmentally appropriate
* Holistic approach
* Choices
* Promote + feelings
* Flexible
* Can children explore and interact
* Variety
* Number of methods for presentation
* Anti-biased

For Parents/Staff
* Newsletters
* Parent Meetings
* Observations
* Participation in class
* Assist with field trips
* Prepare and present materials

Helpful websites include:
Education World Health & Safety Curriculum Plans- www.education-world.com
American Red Cross – www.redcross.org
National SAFE KIDS Campaign – www.safekids.org

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