South Dakota State University

ECE 220 – Health, Safety, and Nutrition for Young Children

Concepts addressed:
Factors that influence physical, cognitive, and emotional development in the child’s home and community life (e.g., nutrition, health, disabilities, socioeconomic status, cultural upbringing, family and community values)

Students should refer to: “Health, Safety, and Nutrition for the Young Child” by Marotz (6th Ed) Chapter 1 & 2

Specifically, students should review:

Interrelationship between health, safety, and nutrition
  Health
    Heredity
    Predisposition
    Medical care
    Socioeconomic status
    Culture
  Safety
    Child development (ages/stages)
    DAP
    Socioeconomic status
    Childcare
    Observation
  Nutrition
    Habits
    Socioeconomic status
    Culture
    Malnutrition

Growth & Development
Health, Safety, and Nutrition protection, services, and education
National Health Initiatives
  Healthy People 2010
  National Children’s Agenda
  C.H.I.P.
  Health Child Care America

Helpful websites include:
National Resource Center for Health and Safety in Child Care: http://nrc.uchsc.edu
National Center for Children in Poverty: http://cpmcnet.columbia.edu
Kids Health: www.kidshealth.org

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