South Dakota State University

ECE 362 – Early Childhood Education Curriculum

Concepts addressed:

*Developmentally appropriate practice in the content discipline designed to strengthen gross and fine motor skills and foster healthy lifestyles*

Students should refer to: “A Practical Guide to Early Childhood Curriculum” by Eliason & Jenkins, Chapter 13

Specifically, students should review:

- Gender differences in play
- Importance of motoring indoors
- Knowing ages/stage of physical development
- Consideration of
  - Time indoors and out
- Interrelatedness
  - Health (healthy body/mind)
  - Safety (motor considerations)
  - Nutrition (affecting growth/development)
- Gross motor skills
  - Locomotor skills
  - Strength/duration
- Fine motor skills
  - Using fingers & hands
  - Strength/duration
- Body awareness
  - Discriminating body parts
  - Knowing motions of body parts
- Spatial awareness
  - Orienting oneself in space
- Directional awareness
  - Directionality & laterality, understanding location & direction
  - Ability to see/understand direction in space
- Temporal awareness
  - Relation b/w body & time

National Association for the Education of Young Children – [http://www.naeyc.org](http://www.naeyc.org)